

## MEDICAL DIAGNOSTIC LABORATORIES

2439 KUSER ROAD, HAMILTON, NJ 08690-3303 TL: 609-570-1000, FX: 609-570-1050, TF: 877-269-0090 www.mdlab.com

**Preliminary** 

MDL#: 10078594 **Test Results** 

Patient Information: SSN: N/A DOB: 4/10/1973 (Age: 49)

DOE, JANE

11 QUAKERBRIDGE ROAD DAYTON, NJ 08810

Patient ID: N/A

NPI:

Ordering Physician/Lab:

JOHN DOE MD1

JOHN DOE, MD

HOUSTON, USA

HOUSTON, GU 23890

Tel: (182) 818-1811 Fax: (609) 245-7645

Specimen Type: Serum Date Collection: Date Processed: 10/12/2022 11/15/2022 Date Reported:

#### FOOD INTOLERANCE TESTING - SUMMARY REPORT

## **HIGH REACTIVITY**

Curry Fig Tomato

White bean

#### ! MODERATE REACTIVITY

Cucumber Garlic Oyster

#### MILD REACTIVITY

Almond Rapeseed Apple Red cabbage Rye grain Barley grain Bell pepper Sea bass

Carrot Sole Cherry Wheat grain Clam White potato Cow's milk Winter squash

Zucchini

Egg yolk Eggplant Mustard seed

Pine nut

View:

USPS Yes Mail: All Yes

Yes Manual All No

Medical Director, Jing-Jing Yang, M.D.

MDL#: 10078594 11/30/2022 BR **Preliminary** 



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## LOW REACTIVITY

Aloe veraChicoryKelpPrawnAnchovyChili PepperKidney beanProcessed cheese

Chive Quail Anise Kiwi Lamb meat Radish Apricot Cinnamon Artichoke Clove Leek Raisin Arugula Cocoa bean Lemon Raspberry Asparagus Coconut Lentil Red shrimp Avocado Codfish Lima bean Rosemary Baker's veast Coffee Lime Safflower Seed

Baking powder Cola nut Liquorice root Saffron Bamboo shoots Coriander Lobster Sage Banana Lychee Salmon Corn Basil Cottage cheese Macadamia nut Scallop Bay leaf Mackerel Crab Sesame

Bay leafCrabMackerelSesameBeefCranberryMaltShallotBeetrootCrayfishMangoSheep's cheeseBeta-lactoglobulinCuminMarjoramSheep's milk

Sheep's milk Black currant Millet Date Shiitake Black tea Dill Mint Snow pea Black Wheat Duck meat Mozzarella Soybean Blackberry Eel Mung bean Spelt Blueberry Eaa white Nectarine Spinach Brazil nut Emmental cheese Squid Nutmeg

Brewer's veast Fennel Oat grain Strawberry Broad bean Flax seed Ocean perch String bean Broccoli Ginger Octopus Sunflower Seed Brown rice Gluten Olive Sweet chestnut Brussel sprouts Goat's cheese Onion Sweet potato Buckwheat flour Goat's milk Orange Swordfish Butter Gooseberry Oregano Tarragon Cantaloupe Grape white Papaya Thyme Parsley Caper Trout Grapefruit Carob Green cabbage Pea Tuna

Carp Haddock Peach Turkey
Casein Hazelnut Peanut Turnip cabbage

Cashew nut Herring Pear Vanilla

View:

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Ma	il: Yes	USPS
	All	Yes

Fax:	Yes	Manual
	All	No

Medical Director, Jing-Jing Yang, M.D.

MDL#: 10078594 11/30/2022 Preliminary

BR



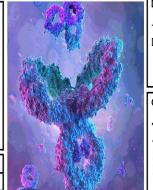
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Specimen Type: Serum Date Collection: 10/12/2022 Date Processed: 11/15/2022 Date Reported: Cauliflower

Cayenne pepper

Celery

Chard

Chamomile

Honey Honeydew melon Hops Horseradish Iceberg lettuce Jerusalem artichoke

Cheddar cheese Chia seeds Kale Kefir Chicken Pepper black Chickpea

Peppermint Pike Pineapple Pistachio Plum

Pomegranate Poppy seed Pork Vine leaves

Watermelon Wheat bran White mushroom

Yogurt

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USPS Yes Mail: All Yes

Yes Manual All No

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Specimen Type:

Date Collection:

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## **FOOD INTOLERANCE TESTING - DETAIL REPORT**

2001 Food Sensitivity					
Category	Food	Intensity U/ml		Interpretation	
Fruit	Fig	165	Class 3	High Reactivity	Χ
	Tomato	150	Class 3	High Reactivity	Χ
Herbs & Spices	Curry	160	Class 3	High Reactivity	Χ
Legume	White bean	155	Class 3	High Reactivity	Χ
Fish & Seafood	Oyster	74	Class 2	Moderate Reactivity	Ţ
Vegetable	Cucumber	100	Class 2	Moderate Reactivity	- !
	Garlic	89	Class 2	Moderate Reactivity	-
Dairy & Egg	Cow's milk	30	Class 1	Mild Reactivity	✓
	Egg yolk	24	Class 1	Mild Reactivity	✓
Fish & Seafood	Sea bass	20	Class 1	Mild Reactivity	✓
	Sole	40	Class 1	Mild Reactivity	✓
	Clam	47	Class 1	Mild Reactivity	✓
Fruit	Cherry	22	Class 1	Mild Reactivity	✓
	Bell pepper	41	Class 1	Mild Reactivity	✓
	Apple	27	Class 1	Mild Reactivity	✓
	Zucchini	31	Class 1	Mild Reactivity	✓
Gluten containing cereal	Wheat grain	33	Class 1	Mild Reactivity	✓
	Rye grain	28	Class 1	Mild Reactivity	✓
	Barley grain	33	Class 1	Mild Reactivity	✓
Herbs & Spices	Mustard seed	18	Class 1	Mild Reactivity	✓
Nuts & Seeds	Pine nut	28	Class 1	Mild Reactivity	✓
	Almond	31	Class 1	Mild Reactivity	✓
Vegetable	Red cabbage	24	Class 1	Mild Reactivity	✓
	Rapeseed	32	Class 1	Mild Reactivity	✓
	Carrot	23	Class 1	Mild Reactivity	✓
	Eggplant	21	Class 1	Mild Reactivity	<b>√</b>
	Winter squash	22	Class 1	Mild Reactivity	<b>√</b>
	White potato	42	Class 1	Mild Reactivity	✓

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USPS Yes Mail: All Yes

View:

Fax: Yes Manual All No



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Low Reactive Foods

Specimen Type

Date Collection:

Date Processed:

Date Reported:

Aloe vera, Anchovy, Anise, Apricot, Artichoke, Arugula, Asparagus, Avocado, Baker's yeast, Baking powder, Bamboo shoots, Banana, Basil, Bay leaf, Beef, Beetroot, Beta-lactoglobulin, Black currant, Black tea, Black Wheat, Blackberry, Blueberry, Brazil nut, Brewer's yeast, Broad bean, Broccoli, Brown rice, Brussel sprouts, Buckwheat flour, Butter, Cantaloupe, Caper, Carob, Carp, Casein, Cashew nut, Cauliflower, Cayenne pepper, Celery, Chamomile, Chard, Cheddar cheese, Chia seeds, Chicken, Chickpea, Chicory, Chili Pepper, Chive, Cinnamon, Clove, Cocoa bean, Coconut, Codfish, Coffee, Cola nut, Coriander, Corn, Cottage cheese, Crab, Cranberry, Crayfish, Cumin, Date, Dill, Duck meat, Eel, Egg white, Emmental cheese, Fennel, Flax seed, Ginger, Gluten, Goat's cheese, Goat's milk, Gooseberry, Grape white, Grapefruit, Green cabbage, Haddock, Hazelnut, Herring, Honey, Honeydew melon, Hops, Horseradish, Iceberg Lettuce, Jerusalem artichoke, Kale, Kefir, Kelp, Kidney bean, Kiwi, Lamb meat, Leek, Lemon, Lentil, Lima bean, Lime, Liquorice root, Lobster, Lychee, Macadamia nut, Mackerel, Malt, Mango, Marjoram, Millet, Mint, Mozzarella, Mung bean, Nectarine, Nutmeg, Oat grain, Ocean perch, Octopus, Olive, Onion, Orange, Oregano, Papaya, Parsley, Pea, Peach, Peanut, Pear, Pepper black, Peppermint, Pike, Pineapple, Pistachio, Plum, Pomegranate, Poppy seed, Pork, Prawn, Processed cheese, Quail, Radish, Raisin, Raspberry, Red shrimp, Rosemary, Safflower Seed, Saffron, Sage, Salmon, Scallop, Sesame, Shallot, Sheep's cheese, Sheep's milk, Shiitake, Snow pea, Soybean, Spelt, Spinach, Squid, Strawberry, String bean, Sunflower Seed, Sweet chestnut, Sweet potato, Swordfish, Tarragon, Thyme, Trout, Tuna, Turkey, Turnip cabbage, Vanilla, Vine leaves, Watermelon, Wheat bran, White mushroom and Yogurt

View: N

Mail: Yes USPS
All Yes

Fax: Yes **Manual** All No



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\*This test was developed and its performance characteristics determined by the laboratory. It has not been cleared or approved by the U.S. Food and Drug Administration. The FDA has determined that such clearance or approval is not necessary.

#### Serum-1;2001:Comprehensive Food Sensitivity Test (Reactivity to 204 foods)

Please note: The results obtained with this food test do not represent a single diagnosis and should not be used exclusively to establish a modification diet. The presence of antibodies alone does not indicate disease, but must be accompanied by associated symptoms. Please do not make a diagnosis yourself. Consult a qualified specialist to make decisions on measures to improve your health. Generally, in cases of disease symptoms and immune reactions of class 3, we recommend eliminating the foods that induce a strong immune reaction from the diet for 3 months. For results of class 2, the respective food should be reduced or consumed on a 3-month rotation diet. With results of class 1, a food intolerance is rare. Results of class 0 show a normal physiological state. A change in dietary habits or the complete elimination of one or more foods must always be carefully planned and supervised in order to ensure that essential nutritional components are consumed in sufficient quantities. Therefore, in cases of positive results, please seek the advice of a nutritionist or similarly qualified person. Please bear in mind that this test does not determine antibodies of class IgE, which occur in classic allergy (food allergy). Allergies manifest in immediate symptoms such as tingling in the mouth, hives, swelling of the lips, face, tongue and throat or in severe cases anaphylactic shock, making identification of the disease easier. If you have a food allergy it is advisable to eliminate the foods that trigger positive reactions from your diet permanently. The same applies if you have celiac disease or e.g. a lactose intolerance. We hope that you are soon free of your health complaints.

Class	Intensities	Result	Interpretation
	000 <= laG <= 017	Low Boostivity	No specific antibodies detected
U	000 <= IgG <= 017	Low Reactivity	No specific antibodies detected
1	018 <= IgG <= 058	Mild Reactivity	Antibody titer in physiological range, no disease association
2	059 <= IgG <= 116	Moderate Reactivity	Sensitisation possible
3	117 <= IgG <= 255	High Reactivity	Indicating sensitisation, food intolerance likely

A positive result is provided for bacteria, virus, parasites, and/or fungal species when PCR amplification (real-time PCR), sequence information (Pyrosequencing), and/or sequencing analysis occurs above cut-off levels established by the laboratory. Pertinent reference intervals for the tests reported above are available from the laboratory upon request.

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Ver. 14.10

Mail: Yes USPS
All Yes

View:

Fax: Yes **Manual** All No

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